Introduction
Career development is an integral part of an individual’s life experience. Career planning and life planning are intertwined. A more systematic mindset for life planning in school instead of a piecemeal approach to career education is necessary. To carry out careers and life planning education, Sing Yin adopts a whole school approach which involves the Careers and Life Planning Department, Guidance Department, Class teachers, Subject teachers and Alumni Association.

Programmes
All the programmes are focused on three different aims:
(a) Self-understanding Development
(b) Career Exploration
(c) Career Planning and management

The aims will be conducted through four levels of programmes:
(a) Career-related learning in the classrooms
(b) Career-related learning beyond the classroom
(c) Career-related learning in mediated real-life experience
(d) Real work experience

Implementation Plan
Career and Life Planning grant is a recurrent grant starting from 2014-2015. It is a grant outside the EOEBG and the amount is around $520,000. The aim of the grant is to enhance the capacity of schools and their responsible team to have a paradigm shift.

The following plans will be worked out in the school year 2015-16:
1. To employ 1 contract teacher to reduce the teaching load of the Careers Mistress.
2. To plan, organise, implement and evaluate the related programmes through self-evaluation team and others.
3. To buy books and other references for teachers and students.
4. To support needy students e.g. SEN, gifted in school-based career guidance service.
5. At least 2 career teachers will take the training courses organised by the EDB in the next 3 years.
6. We plan to spend the entire grant, if possible. However, there can be a 20% retention of the annual provision and carried forward for use in the next school year.
Details of the Plan

1. Self-exploration programme
   The self-exploration programme will be held for F1 and F2 students to let them know more about themselves.
   All F5 students will take the Career Interest Inventory (CII) Assessment to know their Holland codes to assist their career planning.

2. Career-related learning in the classrooms
   Subject teachers will talk about the career prospects, development and professional qualifications of their subjects.
   Interview skills will be covered in Moral and Civic education lessons in F6.

3. F3 GAP lessons
   We incorporate the goal setting, training on problem solving skill and rational thinking skill in our syllabus in F3 GAP.

4. Careers counselling
   Regular career guidance and counselling will be held during lunchtime or after school to help students in career exploration. The teachers I/C will help to provide learning and career-related information and career guidance.
   Individual counselling will be given to F3 students who needed additional guidance on their educational planning after F3.
   Individual/group counselling for F6 students will be held in November on JUPAS programme choices and in July on reprioritization of JUPAS choices after the release of the HKDSE results.

5. Talks for students
   - JUPAS talk will be held for all F5 and F6 students in October.
   - Talk on degree courses and sub-degree courses by old boys will be arranged in October.
   - Some tertiary institutions will be invited to give talks to our F4 to F6 students to inspire them to make appropriate careers choices.
     Talk on NSS curriculum for F3 students will be held in February to help them make educational choices.
   - Careers Talks on careers planning will be held for F4 to F6 students.

6. Talks for parents
   - A talk will be conducted to deliver the information of tertiary programmes.
   - A talk will be conducted for F3 parents in the F3 Parents Day to deliver messages on educational choices.

7. Visits
   Visits to workplaces will be arranged in the post-exam period.

8. Careers Quiz
   A careers quiz will be held to arouse careers awareness and stimulate students’ interests in careers.
9. **F5 Leadership Training Programme**
   The F5 leadership camp will be held in August to help students develop their leadership, communication and organization skills.

10. **Programmes enhancing career-related experience**
    Students will be nominated to join job shadowing and summer internship schemes to enhance students’ career exposure.

11. **Setting up Lunar New Year Stall**
    The activity helps to enable students to be involved in a mediated real-life experience in running a real business.

**Evaluation methods**
- By observation, questionnaires and interviews

**Budget**

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<tr>
<th>Income:</th>
<th>CLP Grant</th>
<th>$520,000.00</th>
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**Expenditure:**

1. **Employing a Contract GM** | $456,000.00 |
2. **Implementing school-based programmes** | $15,000.00 |
3. **Joining in other special programmes organised by outside organisations** | $10,000.00 |

**Total expenditure** | $481,000.00 |

**Surplus** | $39,000.00 |

* If the employed person’s qualification is not the same as the required qualification, the expenditure may be different from that shown.

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Wong Chi Keung
Principal
15 June 2015