

## **Post Exam Activities 2024 (Updated 12/6/2024)**

Attendance at the post exam activities (form activities) is compulsory. Students taking leave must follow the same procedures listed in the Student Handbook. The arrangements are as follows:

1. For activities held in the school campus, students should return in proper school uniform to attend the post exam activities. Students should arrive at the school at specified time of the activities. Attendance will be taken.
2. Each form of students should return to school on the activity days specified on the timetable.
3. Students attending activities that take place outside the school should follow the instructions given by the teachers in charge of the activities. They should confirm with the teacher in charge the details regarding the time to return to school, the venue, dress code etc. as required. The teacher in charge would take attendance.
4. Timetables of the Post Exam Activities Programme will be posted on the School Notice Board. The information is also accessible on the school website.
5. In the event of public announcement by Education Bureau that all schools are to be closed as a result of the risk of infectious disease or adverse weather conditions such as typhoon or rainstorm, the activities will be cancelled.

**Post Exam Activities 2024 (Updated 12/6/2024)**

**I. Form Activities**

**F.1**

Date	Time	Activity	Venue	Teacher I/C
24 June (Monday)	9:00 a.m.- 10:30 a.m.	Mental Health Talk	Hall	AL/ YN
	11:00 a.m.- 1:00 p.m.	STEAM workshop: Forensics	1A-1E classrooms	LT
25 June * (Tuesday)	9:00 a.m.- 10:00 a.m.	Volleyball: F.1A & 1E(No.1-20) HIIT: F.1C & 1E (No.21-32) & 1D (No.1-10) Memory Magic: F.1B & 1D (No.11-34)	Volleyball: Basketball Court	TS/MW
	10:00 a.m.- 11:15 a.m.	Volleyball: F.1C & 1E (No.21-32) & 1D (No.1-10) HIIT: F.1B & 1D (No.11-34) Memory Magic: F.1A & 1E(No.1-20)	HIIT: Covered Playground	
	11:15 a.m.- 12:30 p.m.	Volleyball: F.1B & 1D (No.11-34) HIIT : F.1A & 1E(No.1-20) Memory Magic: F.1C & 1E (No.21-32) & 1D (No.1-10)	Memory Magic: Language Theatre	
26 June (Wednesday)	9:00a.m.- 10:30 p.m.	F.1 Mathematics Olympiad	Hall	CY
	11:00 a.m.- 12:30 p.m.	'Chinese Civilisation' Online Challenge Competition/ Chess Games	1A: Computer room / Room 202 1B: Room 302 1C: Room 303 1D: Room 304 1E: Computer assistant learning room/ Room 305	SY/ MI
28 June (Friday)	10:30 a.m.- 12:00 p.m.	Sing Yin Talent Show	Hall	CO

\*F.1 students should wear PE uniform for activities on 25 June 2024.

**F.2**

Date	Time	Class	Activity	Venue	Teacher I/C
24 June (Monday)	9:00 a.m.- 10:30 a.m.	F.2	Mental Health Talk	Hall	AL/YN
	11:00 a.m.- 12:30 p.m.	F.2	Fiesta Brass Concert	Hall	MW
25 June (Tuesday)	9:00 a.m.- 10:30 a.m.	F.2	STEAM Hunt	School Campus	LT
26 June (Wednesday)	9:00 a.m.- 10:30 a.m.	F.2	'Chinese Civilisation' Online Challenge Competition/ Chess Games	2A: Room 306 2B: Computer assistant learning room/ Room 307 2C: Room 402 2D: Computer room / Room 403 2E: Room 404	SY/ MI
	11:00a.m.- 12:30 p.m.	F.2	F.2 Mathematics Olympiad	Hall	CY
28 June (Friday)	10:30 a.m.- 12:00 p.m.	F.2	Sing Yin Talent Show	Hall	CO

## Post Exam Activities 2024 (Updated 12/6/2024)

### I. Form Activities (continued)

#### F.2

Date	Time	Class	Activity	Venue	Teacher I/C
2 July (Tuesday)	9:00 a.m.- 10:00 a.m.	F. 2C	2C Swimming Test	<i>Kwun Tong Swimming Pool</i>	TS
	10:00 a.m. - 11:00 a.m.	F. 2E	2E Swimming Test		
	11:00 a.m.- 12:00 p.m.	F. 2D	2D Swimming Test		
	10:15 a.m.- 1:00 p.m.	F. 2A & 2B (No.1-24)	Visit to Electoral Information Centre	<i>Electoral Information Centre</i>	LA
4 July (Thursday)	9:00 a.m.- 10:00 a.m.	F.2A	2A Swimming Test	<i>Kwun Tong Swimming Pool</i>	TS
	10:00 a.m.- 11:00 a.m.	F.2B	2B Swimming Test		
	8:15 a.m.- 11:30 a.m.	F. 2D (No.13-33) & 2E	Visit to Electoral Information Centre	<i>Electoral Information Centre</i>	LA
8 July (Monday)	8:15 a.m. - 11:30 a.m.	F.2B (No.25-33), 2C & 2D (No.1-12)	Visit to Electoral Information Centre	<i>Electoral Information Centre</i>	LA

#### F.3

Date	Time	Class	Activity	Venue	Teacher I/C
25 June (Tuesday)	11:00 a.m.-12:30 p.m.	F.3	STEAM Hunt	School Campus	LT
27 June (Thursday)	9:00 a.m.-10:30 a.m.	F.3	F.3 Inter-class Public Speaking Competition	Hall	HA
	11:00 a.m.-12:30 p.m.	F.3	PTH Singing Contest	Hall	HC
28 June (Friday)	10:30 a.m.-12:00 p.m.	F.3	Sing Yin Talent Show	Hall	CO
	12:00 p.m.-1:00 p.m.	F.3	‘Chinese Civilisation’ Online Challenge Competition	3A: Computer assistant learning room 3B: Room 203 3C: Room 204 3D: Room 205 3E: Computer room	SY/ MW
4 July (Thursday)	9:00 a.m.-1:00 p.m., 2:15 p.m.-4:15 p.m.	F.3A (33)	STEAM workshop: RoboMaster experience day	Room 508	LT
8 July (Monday)	9:00 a.m.-1:00 p.m., 2:15 p.m.-4:15 p.m.	F.3B & 3C (62)	STEAM workshop: RoboMaster experience day	Hall	LT
9 July (Monday)	9:00 a.m.-1:00 p.m., 2:15 p.m.-4:15 p.m.	F.3D & 3E (64)	STEAM workshop: RoboMaster experience day	Hall	LT

**Post Exam Activities 2024 (Updated 12/6/2024)**

**I. Form Activities** (continued)

**F.4**

Date	Time	Class	Activity	Venue	Teacher I/C
26 June (Wednesday)	9:00 a.m.-12:30 p.m.	F.4	Career Taster and Visits	<i>HKU/ PolyU/ IVE</i>	LP
27 June (Thursday)	9:00 a.m.-10:30 a.m.	F.4	'Chinese Civilisation' Online Challenge Competition/ Chess Games	4A: Room 504 4B: Room 505 4C: Room 506 4D: Computer room/ Room 507 4E: Computer assistant learning room/ Room 602	SY/ MW
	11:00 a.m.-12:30 p.m.	F.4	PTH Singing Contest	Hall	HC
28 June (Friday)	10:30 a.m.-12:00 p.m.	F.4	Sing Yin Talent Show	Hall	CO
4 July (Thursday)	9:00 a.m.-11:30 a.m.	F.4	F4 and F5 Inter-class Debating Competition	Hall	YC
	11:30 a.m.-12:00 p.m.	F.4	Leadership Training Camp Briefing	Hall	MW
5 July (Friday)	10:00 a.m.-12:00 p.m.	F.4	Green Fashion Show	Hall	KY
10-11 July	2 days	F.4	Leadership Training Camp 8:10 a.m. School 4:00 p.m. School	<i>Hall/ Lady MacLehose Holiday Village</i>	MW

**F.5**

Date	Time	Class	Activity	Venue	Teacher I/C
24 June (Monday)	9:00 a.m.-12:00 p.m.	F.5A & B	F. 5A & B Bowling Experience Day	Sha Tin Belair bowling centre	TS
25 June (Tuesday)	9:00 a.m.-12:00 p.m.	F.5C & F.5E (No. 1-16)	F.5C & E Bowling Experience Day	Sha Tin Belair bowling centre	TS
26 June (Wednesday)	9:00 a.m.-12:00 p.m.	F.5D & F.5E (No. 17-34)	F.5D & E Bowling Experience Day	Sha Tin Belair bowling centre	TS
27 June (Thursday)	11:00 a.m.-12:30 p.m.	F.5	PTH Singing Contest	Hall	HC
28 June (Friday)	10:30 a.m.-12:00 p.m.	F.5	Sing Yin Talent Show	Hall	CO
2 July (Tuesday)	9:00a.m.-10:30 a.m.	F.5D	Sketching the Future Workshop	Room 302-303	CC
		F.5E	Sketching the Future Workshop	Room 304-305	
		F.5A, B & C	Careers Talk	Hall	SY
	11:00 a.m.-12:30 p.m.	F.5A	Sketching the Future Workshop	Room 302-303	CC
		F.5B	Sketching the Future Workshop	Room 304-305	
		F.5C	Sketching the Future Workshop	Room 306-307	
F.5D & E	Careers Talk	Hall	SY		
4 July (Thursday)	9:00 a.m.-11:30 a.m.	F.5	F4 and F5 Inter-class Debating Competition	Hall	YC
5 July (Friday)	10:00 a.m.-12:00 p.m.	F.5	Green Fashion Show	Hall	KY

**Post Exam Activities 2024 (Updated 12/6/2024)**

**II. Interest Group Activities**

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher I/C
24 June (Monday)	2:00 p.m.-5:00 p.m.	Set up for STEAM Hunt	Hall	F.3-5 (30)	LT

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher I/C
25 June (Tuesday)	9 :00 a.m.-1:00 p.m.	First Aid Course	Geography Room	F.4-5 (20)	YN
	2:30 p.m.-5:00 p.m.	Choir Rehearsal for Talent Show	Hall	F.1-5 (30)	MW

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher I/C
25 June (Tuesday)	1:45 p.m.-5:00 p.m.	Robomaster Robotics Competition Course	Room 508	F.1-5 (20)	TP
27 June (Thursday)					
29 June (Saturday)					

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher I/C
27 June (Thursday)	1:45 p.m.-5:00 p.m.	Talent Show Final Rehearsal	Hall	F.1-5 (50)	CO

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher I/C
28 June (Friday)	8:30 a.m.-10:30 a.m.	Talent Show Final Rehearsal	Hall	F.1-5 (60)	MW

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher I/C
2 July (Tuesday)	2:00 p.m.-5:00 p.m.	Python x IoT Course	Computer Room	F.5 ICT students (28)	LT
4 July (Thursday)					
8 July (Monday)					

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher I/C
3 July (Wednesday)	2:30p.m.-5:30 p.m.	Brass Band Exchange Activity	Hall	F.1-5 (30)	MW

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher I/C
4 July (Thursday)	2:00 p.m.-5:00 p.m..	Rehearsal of Green Fashion Show	Hall	F.3-5 (20)	KY

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher I/C
5 July (Friday)	10:00 a.m.-12:00 p.m.	Green Fashion Show	Hall	F.3 environmental prefects and ambassador	KY
	2:00 p.m.-4:00 p.m.	STEAM Electroplating workshop	Chemistry Laboratory	F.4-5 (24)	HM

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher I/C
10 July (Wednesday)	09:30 a.m.-12:00 p.m.	Netball Workshop	SYSS Basketball Court	F.1-5 (20)	EY/ LU

## Post Exam Activities 2024 (Updated 12/6/2024)

### III. Outing

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher I/C
24 June (Monday)	9:00 a.m.-12:00 p.m.	F. 5A & B Bowling Experience Day	Sha Tin Belair bowling centre	F.5A & B (45)	TS

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher I/C
25 June (Tuesday)	9:00 a.m.-12:00 p.m.	F.5C & E Bowling Experience Day	Sha Tin Belair bowling centre	F.5C & F.5E(No. 1-16) (49)	TS

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher I/C
26 June (Wednesday)	9:00 a.m.-12:00 p.m.	F.5D & E Bowling Experience Day	Sha Tin Belair bowling centre	F.5D & F.5E (No. 17-34) (51)	TS
	9:00 a.m.-12:30 p.m.	Career Taster and Visits	HKU/ PolyU/ IVE	F.4 (151)	LP
	2:00 p.m.-5:00 p.m.	Summer Laboratory Workshop	HKBU	F.4-5 (15)	HM

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher I/C
2 July (Tuesday)	9:00 a.m.-10:00 a.m.	2C Swimming Test	Kwun Tong Swimming Pool	F. 2C (33)	TS
	10:00 a.m. -11:00 a.m.	2E Swimming Test		F.2E (34)	
	11:00 a.m.-12:00 p.m.	2D Swimming Test		F.2D (33)	
	10:15 a.m.-1:00 p.m.	Visit to Electoral Information Centre	Electoral Information Centre	F.2A & B (No.10-24) (48)	LA
	1:30 p.m.-4:40 p.m.	Blood Stain Analysis Workshop	Science Park	F.3 (25)	YK

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher I/C
3 July (Wednesday)	1:00 p.m.-5:00 p.m.	Cycling Event	Tuen Mun	F.1-5 (15)	TZ

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher I/C
4 July (Thursday)	9:00 a.m.-10:00 a.m.	2A Swimming Test	Kwun Tong Swimming Pool	F.2A (33)	TS
	10:00 a.m.-11:00 a.m.	2B Swimming Test		F.2B (32)	
	8:15 a.m.-11:30 a.m.	Visit to Electoral Information Centre	Electoral Information Centre	F. 2D (no.13-33) & 2E (55)	LA

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher I/C
8 July (Monday)	8:15 a.m. -11:30 a.m.	Visit to Electoral Information Centre	Electoral Information Centre	F.2B (no. 25-33), 2C & 2D (no. 1-12) (55)	LA
	3:00 p.m.-5:00 p.m.	Ethnic Minority Tour	Kwai Chung	F.1 (25)	LU

**Post Exam Activities 2024 (Updated 12/6/2024)**

**III. Outing** (continued)

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher I/C
9 July (Tuesday)	8:30 a.m.-5:00 p.m.	Biology Field Trip	Cheung Chau	F.5 (33)	YK
	9:00 a.m.-1:30 p.m.	Visit to Yim Tin Tsai	Yim Tin Tsai	F.2 (25)	LU

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher I/C
10-11 July	2 days	Leadership Training Camp 8:10 a.m. School 4:00 p.m. School	School Hall and Lady MacLehose Holiday Village	F.4 (170)	MW

**IV. Study Tour**

Date	Durations	Activity	Venue	Form ( Total no.)	Teacher -in-charge
24-28 June	5 days	Cultural and Historical Tour to Japan	Japan	F.4-5 (60)	HY/ KP/ NC/ OI/FT /LU
7-9 July	3 days	Mainland Exchange Programme for Secondary Students - An Exploration of Guangxi: An Exploration into the Landform of Guilin and Yangshuo	Guilin and Yangshuo	F.4 (30)	LP/ SY/ TS
8-15 July	8 days	Handball Training Tour	Taiwan	F.2-5 (30)	PU/ Mr. Ho Wai Kit